



# Risk Management JPA Fringe Benefits Consortium



SAN DIEGO COUNTY AND IMPERIAL COUNTY SCHOOLS

Dear Retiree:

The San Diego County Schools Fringe Benefits Consortium offers a prepaid dental plan for school district retirees. This choice is in addition to the medical and dental coverage options that may be available to you from your district.

Dental coverage is available through the MetLife Managed Care Dental Plan (HMO). Most services require little or no copays. You must go to a participating MetLife dentist for your dental treatment. Each enrollee selects a dental office from the list of participating dentists in the MetLife brochure. The premiums for this coverage are as follows. These rates are effective through December 31, 2024.

## MetLife Dental Rates

## Quarterly Premium

### Year 2024

Retiree	\$64.08
Retiree & Spouse	\$114.39
Retiree & 2 or more dependents	\$145.62

In order to contain administrative costs all premiums will be billed quarterly. Following your initial premium payment, you will be receiving a premium statement approximately 30 days in advance of premium due date.

**Retirees may enroll within 31 days of retirement or other coverage terminating.** If your enrollment form and premium payment is received prior to the 15<sup>th</sup> of the month, your effective date will be the first of the following month. For example: if your enrollment form is received prior to January 15<sup>th</sup> your eligibility date will be February 1<sup>st</sup>; however, if your enrollment form is received after January 15<sup>th</sup> your eligibility date will be March 1<sup>st</sup>. **Please note; If you cancel your coverage or that of a dependent, re-enrollment will not be available unless there is proof provided within 30 days of loss of coverage through another carrier.**

Please see the attached enrollment packet. The enrollment forms must be completed in full and sent to the San Diego County Office of Education with a premium payment for the first quarter of coverage. **Make checks payable to San Diego County Office of Education.** The mailing address is as follows:

San Diego County Office of Education  
Risk Management, Room 505  
Attn: Retiree MetLife Dental Program  
6401 Linda Vista Road  
San Diego, CA 92111-7399

If you have any questions regarding plan coverage or contracted providers please contact the following:

**MetLife: 1-800-275-4638 (Group 05752770)**

If you have any questions regarding enrollment or payment of premiums, call the Risk Management Office at (858) 295-6967 or send email to [aquintana@sdcoe.net](mailto:aquintana@sdcoe.net)

Sincerely,

Agustin Quintana  
San Diego County Office of Education  
Risk Management

# Find a participating Dentist in the Dental HMO/Managed Care plan

The Dental HMO/Managed Care plan’s network includes both private practice dentists and those who are in a clinic environment. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.



**Step 1:**  
Go to [metlife.com](https://www.metlife.com)



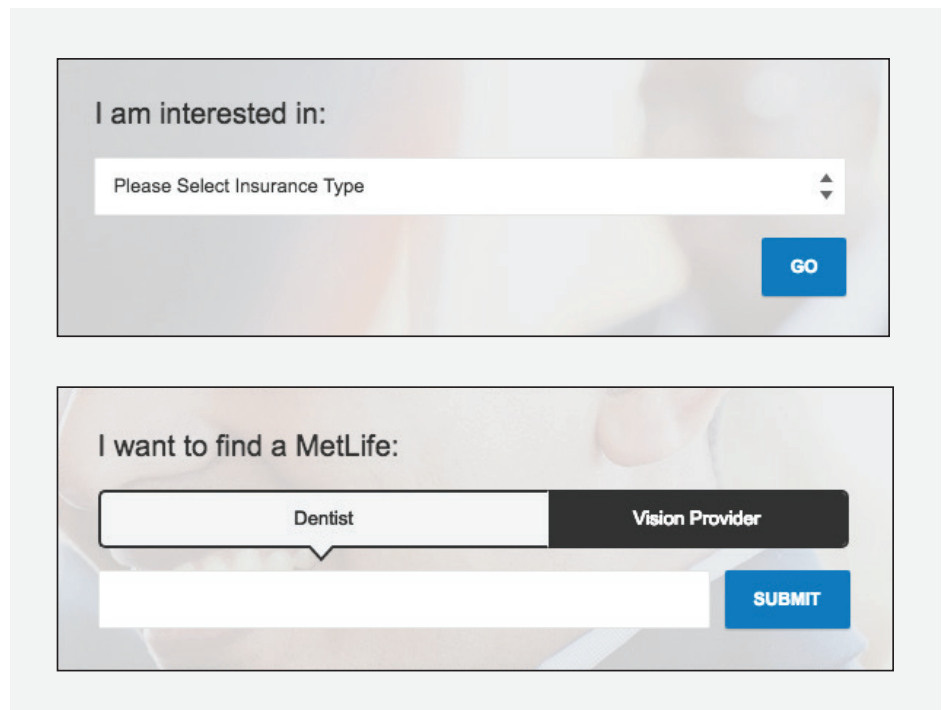
**Step 2:**  
Select “I want to find a MetLife:”

Click “Dentist” and enter your ZIP Code, and select the Dental HMO/Managed Care network.



**Step 3:**  
Enter the Plan Name

The plan name is located in your Schedule of Benefits.



I am interested in:

Please Select Insurance Type

GO

I want to find a MetLife:

Dentist Vision Provider

SUBMIT

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Dental Managed Care Plan benefits are provided by Metropolitan Life Insurance Company, a New York corporation, in NY. Dental HMO plan benefits are provided by: SafeGuard Health Plans, Inc., a California corporation, in CA; SafeGuard Health Plans, Inc., a Florida corporation, in FL; SafeGuard Health Plans, Inc., a Texas corporation, in TX; and MetLife Health Plans, Inc., a Delaware corporation, and Metropolitan Life Insurance Company, a New York corporation, in NJ. The Dental HMO/Managed Care companies are part of the MetLife family of companies.

DHMO” is used to refer to product designs that may differ by state of residence of the enrollee, including but not limited to: “Specialized Health Care Service Plans” in California; “Prepaid Limited Health Service Organizations” as described in Chapter 636 of the Florida statutes in Florida; “Single Service Health Maintenance Organizations” in Texas; and “Dental Plan Organizations” as described in the Dental Plan Organization Act in New Jersey.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.



**ENROLLMENT FORM FOR GROUP DHMO BENEFITS**

SafeGuard Health Plans, Inc.,

5 Park Place, Suite 1850  
Irvine, CA 92614-2533

Please print clearly when completing the Enrollment Form and return it to your Benefits Coordinator. Choose a Selected General Dental Office (facility number) of your choice for each eligible family member from the Directory of Participating Dentists. Failure to do so may result in delays in receiving dental care. If your first provider facility selection is not available, SafeGuard will process your second selection.

**SECTION TO BE COMPLETED BY BENEFITS COORDINATOR**

Name of Group/Employer (Please Print)	Group No.	Division/Sub Code	Class/Branch Code	Dept Code
Date of Hire (MM/DD/YYYY)	Coverage Effective Date (MM/DD/YYYY)			
Original COBRA Effective Date if applicable (MM/DD/YYYY)	COBRA Termination Date if applicable (MM/DD/YYYY)			

**SECTION TO BE COMPLETED BY MEMBER/EMPLOYEE**

Name (First, Middle, Last)	Social Security No.	<input type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Single <input type="checkbox"/> Married
Address (Street, City, State, Zip Code)		Date of Birth (Mo./Day/Yr.)	
<input type="checkbox"/> Employee <input type="checkbox"/> Retired	Job Title:	Hours Worked Per Week:	
<input type="checkbox"/> New Enrollment <input type="checkbox"/> Change in Enrollment <input type="checkbox"/> COBRA Continuation            If due to a Qualifying Event, enter date (MM/DD/YYYY)			
E-mail Address		Phone No. (include area code)	

**SELECT A SELECTED GENERAL DENTAL OFFICE: MUST BE COMPLETED TO ENROLL IN PLAN:**

Failure to select a Selected General Dental Office may result in delays in receiving dental benefits. If your first facility selection is not available, We will process your second selection. Facility numbers are found next to each Selected General Dental Office's name in the Directory of Participating Dentists.

**Facility Number - 1<sup>st</sup> Choice:**

**Facility Number - 2<sup>nd</sup> Choice:**

**COVERAGE REQUEST DATA:**

I have received and read a copy of the group/employer's current announcement of the group plan. I want to be covered under the group plan for the benefits which I am or may become eligible, requested below.

**I request the following coverage:**

**Member/Employee Coverage**

Dental

**Spouse/Domestic Partner Coverage**

Dental

**Dependent Child Coverage**

Dental

**If applying for Dependent coverage (Spouse/Domestic Partner and Child), complete section below:**

Choose a Selected General Dental Office (facility number) of your choice for each eligible family member from the Directory of Participating Dentists.

Number of Dependents (including Spouse/Domestic Partner):

	Name (First, Middle, Last)	Date of Birth (MM/DD/YYYY)	Sex (M/F)	Facility 1 <sup>st</sup>	Facility 2 <sup>nd</sup>
Spouse /Domestic Partner:	_____	_____	_____	_____	_____
Child(ren):	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____

**DECLARATION SECTION**

Each person signing below **declares** that all the information given in this enrollment form is true and complete to the best of his/her knowledge and belief. Each person understands that this information will be used by SafeGuard to determine his or her eligibility.

**For Changes Requested After Initial Enrollment Period Expires.** I understand that if dental coverage is not elected, a waiting period may be required before I can enroll for such coverage after the initial enrollment period has expired.

**For Payroll Deduction Authorization By the Member/Employee.** If this group coverage is provided through my employer, I authorize my employer to deduct the required contributions from my pay for the coverage requested in this enrollment form. This authorization applies to such coverage until I rescind it in writing.

**Primary language:** \_\_\_\_\_ **Please note any communication impairment:** \_\_\_\_\_

**Authorization to release dental records.** I hereby authorize the release and disclosure to review, or to obtain a copy of, any and all dental records which pertain to me or any member of my family, maintained by my chosen Selected General Dentist and/or Specialty Care Dentist, to SafeGuard and/or any designated agent or representative for the purposes of dental treatment, care and for SafeGuard's quality assessment and utilization reviews, which will be kept strictly confidential. This authorization shall remain valid for the term of this coverage.

**Fraud Warning. Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.**

**Signature(s):** The Member/Employee must sign in all cases. Each person signing below acknowledges that he or she has read and understands the statements and declarations made in this enrollment form.

\_\_\_\_\_  
Member/Employee Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date (Mo./Day/Yr.)



## SCHEDULE OF BENEFITS

Benefits provided by SafeGuard Health Plans, Inc., a MetLife company

### Direct Referral Dental Plan\*

**SG150**

This Schedule of Benefits lists the services available to you under your SafeGuard plan, as well as the co-payments associated with each procedure. There are other factors that impact how your plan works and those are included here in the Exclusions & Limitations. SafeGuard is an affiliate of MetLife.

**Specialty Care Information:** During the course of treatment, your SafeGuard selected general dentist may recommend the services of a dental specialist. Your selected general dentist may refer you directly to a contracted SafeGuard specialty care provider for endodontics, oral surgery, orthodontics, periodontics, or pedodontics; no referral or preauthorization from SafeGuard is required.

\* Prior authorization from SafeGuard is required for referrals to participating orthodontists and pediatric specialists. Your selected general dentist will submit all required documentation to SafeGuard and SafeGuard will advise you of the name, address and telephone number of a SafeGuard contracted orthodontist or pediatric specialist in your area.

Code	Service	Co-payment
<b>Diagnostic Treatment</b>		
D0120	Periodic oral evaluation – established patient	\$0
D0140	Limited oral evaluation – problem focused	\$0
D0145	Oral evaluation for a patient under three years of age and counseling with primary caregiver	\$0
D0150	Comprehensive oral evaluation – new or established patient	\$0
D0171	Re-evaluation – post-operative office visit	\$0
D0180	Comprehensive periodontal evaluation – new or established patient	\$0
	• Office visit - per visit (including all fees for sterilization and/or infection control)	\$5
<b>Radiographs/Diagnostic Imaging (X-rays)</b>		
D0210	Intraoral – complete series of radiographic images	\$0
D0220	Intraoral – periapical first radiographic image	\$0
D0230	Intraoral – periapical each additional radiographic image	\$0
D0240	Intraoral – occlusal radiographic image	\$0
D0250	Extra-oral – 2D projection radiographic image created using a stationary radiation source, and detector	\$0
D0270	Bitewing – single radiographic image	\$0
D0272	Bitewings – two radiographic images	\$0
D0273	Bitewings – three radiographic images	\$0
D0274	Bitewings – four radiographic images	\$0
D0330	Panoramic radiographic image	\$0
D0350	2D oral/facial photographic image obtained intra-orally or extra-orally	\$0

## SCHEDULE OF BENEFITS (Continued)

Code	Service	Co-payment
<b>Tests and Examinations</b>		
D0460	Pulp vitality tests	\$0
D0470	Diagnostic casts	\$0
<b>Preventive Services</b>		
<i>Procedures identified with an asterisk (*) are limited to twice a year, unless medically necessary.</i>		
D1110	Removal of plaque, calculus and stains from the tooth structures and implants in the permanent and transitional dentition. It is intended to control local irritational factors.*	\$0
D1120	Removal of plaque, calculus and stains from the tooth structures and implants in the primary and transitional dentition. It is intended to control local irritational factors.*	\$0
D1206	Topical application of fluoride varnish	\$0
D1208	Topical application of fluoride – excluding varnish	\$0
D1330	Oral hygiene instructions	\$0
D1351	Sealant – per tooth	\$8
D1510	Space maintainer – fixed, unilateral – per quadrant Excludes a distal shoe space maintainer	\$40
D1516	Space maintainer – fixed – bilateral, maxillary	\$40
D1517	Space maintainer – fixed – bilateral, mandibular	\$40
D1520	Space maintainer – removable, unilateral – per quadrant I	\$40
D1526	Space maintainer – removable – bilateral, maxillary	\$40
D1527	Space maintainer – removable – bilateral, mandibular	\$40
D1551	Re-cement or re-bond bilateral space maintainer – maxillary	\$5
D1552	Re-cement or re-bond bilateral space maintainer – mandibular	\$5
D1553	Re-cement or re-bond unilateral space maintainer – per quadrant	\$5
D1556	Removal of fixed unilateral space maintainer – per quadrant	\$5
D1557	Removal of fixed bilateral space maintainer – maxillary	\$5
D1558	Removal of fixed bilateral space maintainer – mandibular	\$5
<b>Restorative Treatment</b>		
D2140	Amalgam – one surface, primary or permanent	\$8
D2150	Amalgam – two surfaces, primary or permanent	\$12
D2160	Amalgam – three surfaces, primary or permanent	\$18
D2161	Amalgam – four or more surfaces, primary or permanent	\$18
D2330	Resin-based composite – one surface, anterior	\$8
D2331	Resin-based composite – two surfaces, anterior	\$12
D2332	Resin-based composite – three surfaces, anterior	\$18
D2335	Resin-based composite – four or more surfaces or involving incisal angle (anterior)	\$28
D2390	Resin-based composite crown, anterior	\$30
D2391	Resin-based composite – one surface, posterior	\$65
D2392	Resin-based composite – two surfaces, posterior	\$75
D2393	Resin-based composite – three surfaces, posterior	\$80
D2394	Resin-based composite – four or more surfaces, posterior	\$80
<b>Crowns</b>		

## SCHEDULE OF BENEFITS (Continued)

Code	Service	Co-payment
	<ul style="list-style-type: none"> <li>• Replacement limit 1 every 5 years.</li> <li>• An additional charge will be applied for any procedure using noble or high noble metal.</li> <li>• Cases involving 7 or more crowns in the same treatment plan require additional \$125 member fee per unit in addition to co-pay.</li> <li>• \$75 fee per crown unit above co-pay for porcelain on molars.</li> </ul>	
D2510	Inlay – metallic – one surface	\$125
D2520	Inlay – metallic – two surfaces	\$125
D2530	Inlay – metallic – three or more surfaces	\$125
D2543	Onlay – metallic – three surfaces	\$150
D2544	Onlay – metallic – four or more surfaces	\$150
D2740	Crown - porcelain/ceramic	\$225
D2750	Crown – porcelain fused to high noble metal	\$150
D2751	Crown – porcelain fused to predominantly base metal	\$150
D2752	Crown – porcelain fused to noble metal	\$150
D2753	Crown - porcelain fused to titanium and titanium alloys	\$150
D2780	Crown – ¾ cast high noble metal	\$150
D2781	Crown – ¾ cast predominantly base metal	\$150
D2782	Crown – ¾ cast noble metal	\$150
D2790	Crown – full cast high noble metal	\$150
D2791	Crown – full cast predominantly base metal	\$150
D2792	Crown – full cast noble metal	\$150
D2794	Crown - titanium and titanium alloys	\$150
D2910	Re-cement or re-bond inlay, onlay, veneer or partial coverage restoration	\$0
D2915	Re-cement or re-bond indirectly fabricated or prefabricated post and core	\$0
D2920	Re-cement or re-bond crown	\$0
D2930	Prefabricated stainless steel crown – primary tooth	\$35
D2931	Prefabricated stainless steel crown – permanent tooth	\$35
D2940	Protective restoration	\$0
D2950	Core buildup, including any pins when required	\$15
D2951	Pin retention – per tooth, in addition to restoration	\$10
D2952	Post and core in addition to crown, indirectly fabricated	\$50
D2954	Prefabricated post and core in addition to crown	\$50
D2955	Post removal	\$10
	<b>Endodontics</b>	
	<i>All procedures exclude final restoration.</i>	
D3110	Pulp cap – direct (excluding final restoration)	\$0
D3120	Pulp cap – indirect (excluding final restoration)	\$0
D3220	Therapeutic pulpotomy (excluding final restoration) – removal of pulp coronal to the dentinocemental junction and application of medicament	\$0
D3230	Pulpal therapy (resorbable filling) – anterior, primary tooth (excluding final restoration)	\$5
D3240	Pulpal therapy (resorbable filling) – posterior, primary tooth (excluding final restoration)	\$10
D3310	Anterior (excluding final restoration)	\$100
D3320	Endodontic therapy, premolar tooth (excluding final restoration)	\$110



## SCHEDULE OF BENEFITS (Continued)

<b>Code</b>	<b>Service</b>	<b>Co-payment</b>
D3330	Endodontic therapy, molar tooth (excluding final restoration)	\$200
D3332	Incomplete endodontic therapy; inoperable, unrestorable or fractured tooth	\$100
D3346	Retreatment of previous root canal therapy – anterior	\$110
D3347	Retreatment of previous root canal therapy - premolar	\$120
D3348	Retreatment of previous root canal therapy – molar	\$210
D3351	Apexification/recalcification – initial visit (apical closure / calcific repair of perforations, root resorption, etc.)	\$65
D3352	Apexification/recalcification – interim medication replacement	\$65
D3353	Apexification/recalcification – final visit (includes completed root canal therapy – apical closure/calcific repair of perforations, root resorption, etc.)	\$65
D3410	Apicoectomy – anterior	\$180
D3421	Apicoectomy - premolar (first root)	\$180
D3425	Apicoectomy – molar (first root)	\$180
D3426	Apicoectomy (each additional root)	\$180
D3430	Retrograde filling – per root	\$180
D3450	Root amputation – per root	\$95
D3920	Hemisection (including any root removal), not including root canal therapy	\$90
<b>Periodontics</b>		
D4210	Gingivectomy or gingivoplasty – four or more contiguous teeth or bounded teeth spaces per quadrant	\$75
D4211	Gingivectomy or gingivoplasty – one to three contiguous teeth or bounded teeth spaces per quadrant	\$56
D4240	Gingival flap procedure, including root planing – four or more contiguous teeth or bounded teeth spaces per quadrant	\$325
D4241	Gingival flap procedure, including root planing – one to three contiguous teeth or bounded teeth spaces per quadrant	\$244
D4249	Clinical crown lengthening – hard tissue	\$125
D4260	Osseous surgery (including elevation of a full thickness flap and closure) – four or more contiguous teeth or tooth bounded spaces per quadrant	\$300
D4261	Osseous surgery (including elevation of a full thickness flap and closure) – one to three contiguous teeth or tooth bounded spaces per quadrant	\$225
D4270	Pedicle soft tissue graft procedure	\$250
D4273	Autogenous connective tissue graft procedure (including donor and recipient surgical sites) first tooth, implant, or edentulous tooth position in graft	\$75
D4274	Mesial/distal wedge procedure, single tooth (when not performed in conjunction with surgical procedures in the same anatomical area)	\$70
D4341	Periodontal scaling and root planing – four or more teeth per quadrant	\$35
D4342	Periodontal scaling and root planing – one to three teeth per quadrant	\$26
D4355	Full mouth debridement to enable a comprehensive oral evaluation and diagnosis on a subsequent visit	\$35
D4381	Localized delivery of antimicrobial agents via controlled release vehicle into diseased crevicular tissue, per tooth	\$60
D4910	Periodontal maintenance (2 in a 12 month period)	\$35
<b>Removable Prosthodontics</b>		
<ul style="list-style-type: none"> <li>● <i>Relines are limited to 1 every 24 months.</i></li> <li>● <i>Includes up to 3 adjustments within 6 months of delivery.</i></li> </ul>		
D5110	Complete denture – maxillary	\$175

## SCHEDULE OF BENEFITS (Continued)

Code	Service	Co-payment
D5120	Complete denture – mandibular	\$175
D5130	Immediate denture – maxillary	\$175
D5140	Immediate denture – mandibular	\$175
D5211	Maxillary partial denture – resin base (including, retentive/clasping materials, rests, and teeth)	\$150
D5212	Mandibular partial denture – resin base (including, retentive/clasping materials, rests, and teeth)	\$150
D5213	Maxillary partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth)	\$200
D5214	Mandibular partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth)	\$200
D5410	Adjust complete denture – maxillary	\$0
D5411	Adjust complete denture – mandibular	\$0
D5421	Adjust partial denture – maxillary	\$0
D5422	Adjust partial denture – mandibular	\$0
D5520	Replace missing or broken teeth – complete denture (each tooth)	\$25
D5630	Repair or replace broken retentive clasping materials – per tooth	\$25
D5640	Replace broken teeth – per tooth	\$25
D5650	Add tooth to existing partial denture	\$25
D5660	Add clasp to existing partial denture - per tooth	\$25
D5710	Rebase complete maxillary denture	\$75
D5711	Rebase complete mandibular denture	\$75
D5720	Rebase maxillary partial denture	\$75
D5721	Rebase mandibular partial denture	\$75
D5730	Reline complete maxillary denture (chairside)	\$50
D5731	Reline complete mandibular denture (chairside)	\$50
D5740	Reline maxillary partial denture (chairside)	\$50
D5741	Reline mandibular partial denture (chairside)	\$50
D5750	Reline complete maxillary denture (laboratory)	\$50
D5751	Reline complete mandibular denture (laboratory)	\$50
D5760	Reline maxillary partial denture (laboratory)	\$50
D5761	Reline mandibular partial denture (laboratory)	\$50
D5820	Interim partial denture (maxillary)	\$50
D5821	Interim partial denture (mandibular)	\$50
D5850	Tissue conditioning, maxillary	\$10
D5851	Tissue conditioning, mandibular	\$10
<b>Crowns/Fixed Bridges - Per Unit</b>		
<ul style="list-style-type: none"> <li>• <i>Replacement limit 1 every 5 years.</i></li> <li>• <i>An additional charge will be applied for any procedure using noble or high noble metal.</i></li> <li>• <i>Cases involving 7 or more crowns in the same treatment plan require additional \$125 member fee per unit in addition to co-pay.</i></li> <li>• <i>\$75 fee per crown unit above co-pay for porcelain on molars.</i></li> </ul>		
D6210	Pontic – cast high noble metal	\$150
D6211	Pontic – cast predominantly base metal	\$150
D6212	Pontic – cast noble metal	\$150

## SCHEDULE OF BENEFITS (Continued)

Code	Service	Co-payment
D6214	Pontic – titanium and titanium alloys	\$150
D6240	Pontic – porcelain fused to high noble metal	\$150
D6241	Pontic – porcelain fused to predominantly base metal	\$150
D6242	Pontic – porcelain fused to noble metal	\$150
D6243	Pontic – porcelain fused to titanium and titanium alloys	\$150
D6750	Retainer crown – porcelain fused to high noble metal	\$150
D6751	Retainer crown – porcelain fused to predominantly base metal	\$150
D6752	Retainer crown – porcelain fused to noble metal	\$150
D6753	Retainer crown – porcelain fused to titanium and titanium alloys	\$150
D6780	Retainer crown – ¾ cast high noble metal	\$150
D6781	Retainer crown – ¾ cast predominantly base metal	\$150
D6782	Retainer crown – ¾ cast noble metal	\$150
D6784	Retainer crown – ¾ titanium and titanium alloys	\$150
D6790	Retainer crown – full cast high noble metal	\$150
D6791	Retainer crown – full cast predominantly base metal	\$150
D6792	Retainer crown – full cast noble metal	\$150
D6794	Retainer crown – titanium and titanium alloys	\$150
D6930	Re-cement or re-bond fixed partial denture	\$0
<b>Oral Surgery</b>		
<ul style="list-style-type: none"> <li>• <i>Includes routine post operative visits/treatment.</i></li> <li>• <i>Surgical removal of impacted teeth not covered unless pathology (disease) exists.</i></li> <li>• <i>Surgical removal of wisdom tooth/third molar for orthodontic reasons only is not covered.</i></li> </ul>		
D7140	Extraction, erupted tooth or exposed root (elevation and/or forceps removal)	\$0
D7210	Extraction, erupted tooth requiring removal of bone and/or sectioning of tooth and including elevation of mucoperiosteal flap if indicated	\$30
D7220	Removal of impacted tooth – soft tissue	\$50
D7230	Removal of impacted tooth – partially bony	\$100
D7240	Removal of impacted tooth – completely bony	\$125
D7241	Removal of impacted tooth – completely bony, with unusual surgical complications	\$130
D7250	Removal of residual tooth roots (cutting procedure)	\$50
D7270	Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth	\$110
D7280	Exposure of an unerupted tooth	\$175
D7285	Incisional biopsy of oral tissue – hard (bone, tooth)	\$0
D7286	Incisional biopsy of oral tissue – soft	\$0
D7310	Alveoloplasty in conjunction with extractions – four or more teeth or tooth spaces, per quadrant	\$0
D7311	Alveoloplasty in conjunction with extractions – one to three teeth or tooth spaces, per quadrant	\$0
D7320	Alveoloplasty not in conjunction with extractions – four or more teeth or tooth spaces, per quadrant	\$0
D7321	Alveoloplasty not in conjunction with extractions – one to three teeth or tooth spaces, per quadrant	\$0

## SCHEDULE OF BENEFITS (Continued)

<b>Code</b>	<b>Service</b>	<b>Co-payment</b>
D7961	Buccal / labial frenectomy (frenulectomy)	\$0
D7962	Lingual frenectomy (frenulectomy)	\$0
D7963	Frenuloplasty	\$0
D7971	Excision of pericoronal gingiva	\$40
<b>Orthodontics</b>		
<i>Benefits cover 24 months of usual &amp; customary orthodontic treatment and 24 months of retention.</i>		
D8020	Limited orthodontic treatment of the transitional dentition	\$725
D8030	Limited orthodontic treatment of the adolescent dentition	\$725
D8040	Limited orthodontic treatment of the adult dentition	\$725
D8070	Comprehensive orthodontic treatment of the transitional dentition	\$1,695
D8080	Comprehensive orthodontic treatment of the adolescent dentition	\$1,695
D8090	Comprehensive orthodontic treatment of the adult dentition	\$1,695
D8660	Pre-orthodontic treatment examination to monitor growth and development	\$0
D8680	Orthodontic retention (removal of appliances, construction and placement of retainer(s))	\$250
D8698	Re-cement or re-bond fixed retainer – maxillary	\$0
D8699	Re-cement or re-bond fixed retainer – maxillary	\$0
	• Orthodontic treatment plan and records (pre/post x-rays, photos, study models)	\$250
<b>Adjunctive General Services</b>		
D9110	Palliative (emergency) treatment of dental pain – minor procedure	\$0
D9120	Fixed partial denture sectioning	\$0
D9215	Local anesthesia in conjunction with operative or surgical procedures	\$0
D9219	Evaluation for moderate sedation, deep sedation or general anesthesia	\$0
D9310	Consultation – diagnostic service provided by dentist or physician other	\$0
D9430	Office visit for observation (during regularly scheduled hours) – no other services performed	\$0
D9440	Office visit – after regularly scheduled hours	\$35
D9630	Drugs or medicaments dispensed in the office for home use	\$15
D9951	Occlusal adjustment – limited	\$0
D9952	Occlusal adjustment – complete	\$0
D9986	Missed appointment (less than 24-hr notice)	Not to exceed \$25
D9987	Cancelled appointment (if less than 24-hr notice, see D9986)	\$0

Current Dental Terminology © American Dental Association

## Dental Terminology Definitions

These definitions are designed to give you a “layman’s understanding” of some dental terminology in order for you to better understand your plan; they are not full descriptions.

<b>Amalgam:</b>	A silver filling
<b>Anterior:</b>	Teeth that are in the front of the mouth
<b>Bicuspid:</b>	Most people have eight bicuspid teeth; they are located immediately preceding the molar teeth with two in each quadrant of the mouth.
<b>Bridge:</b>	A replacement for one or more missing teeth that is permanently attached to the teeth adjacent to the empty space(s).
<b>Crown:</b>	A covering created to place over a tooth to strengthen and/or replace tooth structure. A crown can be made of different materials (noble, high noble), base metal, porcelain or porcelain and metal.
<b>Endodontics:</b>	Procedures that treat the nerve or the pulp of the tooth due to injury or infection.
<b>Oral Surgery:</b>	Surgery to remove teeth, reshape portions of the bone in the mouth, or biopsy suspect areas of the mouth.
<b>Orthodontics:</b>	Braces and other procedures to straighten the teeth.
<b>Periodontics:</b>	Procedures related to treatment of the supporting structures of the teeth (gums, underlying bone).
<b>Posterior:</b>	Teeth that set towards the back of the mouth, including molars and bicuspids (premolars).
<b>Primary Teeth:</b>	The first set of teeth (“baby” teeth).
<b>Prophylaxis:</b>	Scaling and polishing of teeth by removal of the plaque above the gum line.
<b>Prosthodontics:</b>	The restoration of natural and/or the replacement of missing teeth with artificial substitutes.
<b>Quadrant:</b>	One of the four equal sections into which your mouth can be divided (some procedures like periodontics are done in quadrants).
<b>Resin-based Composite:</b>	Tooth-colored (white) fillings

## Exclusions and Limitations

### Exclusions

1. Services performed by a general dentist or specialty care dentist, not contracted with SafeGuard, without prior approval by SafeGuard (except for out of area emergency services).
2. Any procedures not specifically listed as a covered benefit in the Schedule of Benefits.
3. Dental procedures initiated prior to the member's eligibility under this Plan or started after the member's termination from the Plan.
4. Any dental services, or appliances which are determined to be not reasonable and/or necessary for maintaining or improving the member's dental health, as determined by the SafeGuard Selected General Dentist.
5. Dental procedures or services performed solely for cosmetic purposes or solely for appearance.
6. Orthognathic surgery.
7. General anesthesia or intravenous sedation.
8. Any inpatient/outpatient hospital charges of any kind including dentist and/or physician charges, prescriptions or medications.
9. Replacement of dentures, crowns, appliances or bridgework that have been lost, stolen, or damaged due to abuse, misuse, or neglect.
10. Treatment of malignancies, cysts, or neoplasms.
11. Procedures, appliances, or restorations whose main purpose is to change the vertical dimension of occlusion, correct congenital, developmental, or medically induced dental disorders including, but not limited to treatment of myofunctional, myoskeletal, or temporomandibular joint disorders unless otherwise specified as an orthodontic benefit on the Schedule of Benefits.
12. Dental implants and services associated with the placement of implants, prosthodontic restoration of dental implants, and specialized implant maintenance services.
13. Precision attachments.
14. Dental services provided for or paid by a federal or state government agency or authority, political subdivision, or other public program other than Medicaid or Medicare.
15. Dental services required while serving in the Armed Forces of any country or international authority or relating to a declared or undeclared war or acts of war.
16. Services considered unnecessary or experimental in nature.
17. Dental procedures or appliances for minor tooth guidance or for the control of harmful habits such as thumb sucking and tongue thrusting.
18. Any dental procedure or treatment unable to be performed in the dental office due to the general health or physical limitations of the member including, but not limited to physical or emotional resistance, inability to visit the dental office, or allergy to commonly utilized local anesthetics.

## Exclusions and Limitations

### Limitations

1. Cleanings (prophylaxis) and fluoride treatments are limited to twice a year, unless medically necessary.
2. An additional charge will be applied for any procedure using noble or high noble metal.
3. Relines are limited to one every twenty four (24) months.
4. Full-mouth X-rays: Once every three (3) years, unless medically necessary.
5. Periodontal maintenance procedures (following active periodontal therapy) are limited to 2 in a 12-month period.
6. Dentures (full or partial): Replacement only after five (5) years have elapsed following any prior provision of such dentures under a SafeGuard Benefit Plan. Replacements will be a benefit only if the existing denture is unsatisfactory and can not be made satisfactory as determined by the SafeGuard contracted general dentist.
7. Sealants: Plan benefit applies to primary and permanent molar teeth, within four (4) years of eruption.
8. Replacement of any crowns or fixed bridges (per unit) are limited to once every five (5) years.
9. Cases involving seven (7) or more crowns and/or fixed bridge units in the same treatment plan require additional \$125 co-payment per unit in addition to co-payment for each crown/bridge unit.
10. There is a \$75 co-payment per crown/bridge unit in addition to regular co-payments for porcelain on molars.
11. Surgical removal of wisdom teeth/third molar for orthodontic reasons only is not a covered benefit.
12. Delivery of removable prosthodontics includes up to three (3) adjustments within six (6) months of delivery date of service.
13. Surgical removal of impacted teeth is not a covered benefit unless pathology (disease) exists.
14. The co-payments listed for endodontic procedures do not include the cost of final restoration.

### Orthodontic Exclusions and Limitations

1. Orthodontic treatment must be provided by a SafeGuard Selected General Dentist or contracted orthodontist in order for the co-payments listed in the Schedule of Benefits to apply.
2. Plan benefits shall cover twenty-four (24) months of usual and customary orthodontic treatment and an additional twenty-four (24) months of retention. Treatment extending beyond such time periods will be subject to a per-office-visit charge of \$25 dollars.
3. The following are not included as orthodontic benefits:
  - a). Repair or replacement of lost or broken appliances;
  - b). Retreatment of orthodontic cases;
  - c). Treatment in progress at inception of eligibility;
  - d). Interceptive orthodontics;
  - e). Changes in treatment necessitated by an accident;
  - f). Treatment involving:
    - 1). Maxillo-facial surgery, myofunctional therapy, cleft palate, micrognathia, macroglossia;
    - 2). Hormonal imbalances or other factors affecting growth or developmental abnormalities;
    - 3). Treatment related to temporomandibular joint disorders;
    - 4). Lingually placed direct bonded appliances and arch wires (“invisible braces”); and
4. The retention phase of treatment shall include the construction, placement, and adjustment of retainers.

## Language Assistance

As a SafeGuard member you have a right to free language assistance services, including interpretation and translation services. SafeGuard collects and maintains your language preferences, race, and ethnicity so that we can communicate more effectively with our members. If you require language assistance or would like to inform SafeGuard of your preferred language, please contact SafeGuard at (800) 880-1800.

Como miembro de SafeGuard usted tiene derecho a recibir servicios gratuitos de asistencia en idiomas. Esto incluye servicios de interpretación y traducción. SafeGuard recaba la información sobre sus preferencias de idioma, raza, y etnia de manera que nos podamos comunicar eficazmente con nuestros afiliados. Si necesita asistencia en su idioma o quiere informarle a SafeGuard sobre su idioma de preferencia, comuníquese con SafeGuard al (800) 880-1800.

作為**SafeGuard**的會員，您有權獲得免費語言服務，包括口譯和筆譯。**SafeGuard**收集並保存有關您的語言選擇、人種和族裔方面的資料，以便我們更有效地與會員溝通。如果您需要語言方面的協助，或希望將您選擇的語言告訴**SafeGuard**，可通過電話或網站與**SafeGuard**聯絡，電話是**(800) 880-1800**。