

Allergy Information					
Revised 2/28/24					
Breakfast Entrées	Major Allergens*	Additional Allergens	Lunch Entrées	Major Allergens*	Additional Allergens
Monday Breakfast			Monday Lunch		
Sunrise Muffin	D,E,W	oat	Popcorn Chicken	W,S	garlic powder
Pumpkin Bread	D,E,S,W		Chicken Tinga Tacos	None	garlic powder
Maple Chicken Sandwich	D,E,S*,W		Corn Tortillas	None	
		oat, gelatin, red 40, yellow 5:6, blue 1			
Cereal, Lucky Charms	None		Chicken Tinga	None	garlic powder
Cereal, Multigrain Cheerios	None		Mac & Cheese	D,E,W	
Cereal, Raisin Bran	W		w/ Goldfish	D,W	
String Cheese (comes with cereal)	D		Yogurt, Cheese, & Granola	D	oat
Tuesday Breakfast			Tuesday Lunch		
French Toast Sticks	D,E,S,W	cinnamon	Teriyaki Chicken & Rice	S	garlic
Ham & Cheese Croissant	D,E,P,W		Teriyaki Chicken	S	garlic
Cereal, Cinnamon Chex	None	cinnamon	Rice	None	
Cereal, Multigrain Cheerios	None		Brunch 4 Lunch	D,E,W	
Cereal, Raisin Bran	W		Waffle	D,E,W	
String Cheese (comes with cereal)	D		Chicken Sausage	None	garlic powder
			Vegan Burger	W	pea protein, apple extract
			Vegan Burger Patty (Beyond Meat)	None	pea protein, apple extract
			Hamburger Bun	W	
			Corn Dog	D,E,S,W	garlic powder, honey
			Yogurt, Cheese, & Granola	D	oat
Wednesday Breakfast			Wednesday Lunch		
Cinnamon Crumb Loaf	D,E,S*,W	cinnamon	Pizza, Pepperoni	D,W,P	garlic powder
Bagel	W	honey	Buffalo Veggie Nuggets	W,S	garlic powder
W/ Cream Cheese	D		w/ Corn Bread	D,E,S,W	
Cereal, Cinnamon Toast Crunch	W,S		Chicken Tamale	None	garlic powder
Cereal, Multigrain Cheerios	None		Yogurt, Cheese, & Granola	D	oat
Cereal, Raisin Bran	W				
String Cheese (comes with cereal)	D				
Thursday Breakfast			Thursday Lunch		
Breakfast Bites	D,E,S,W		Orange Chicken & Rice	E,S,W	
Egg & Cheese English Muffin	D,E,S,W		Orange Chicken	E,S,W	garlic
Cereal, Apple Jacks	W		Rice	None	
Cereal, Frosted Corn Flakes	None		Mini Cheeseburgers	D,W,S	
Cereal, Multigrain Cheerios	None		Bean & Cheese Burrito	D,W	
Cereal, Raisin Bran	W		Yogurt, Cheese, & Granola	D	oat
String Cheese (comes with cereal)	D				
Friday Breakfast			Friday Lunch		
Pan Dulce	E,S*,W		Cheese Pizza	D,W	
Egg & Chorizo Burrito	D,E,S,W		Chicken Sandwich	W,S	
Cereal, Blueberry Chex	None		Chicken Patty	W,S	garlic powder
Cereal, Multigrain Cheerios	None		w/ Hamburger Bun	W	
Cereal, Raisin Bran	W		Hamburger	W	garlic powder
String Cheese (comes with cereal)	D		Hamburger Patty	None	garlic powder
			w/ Hamburger Bun	W	
			Rotini in Meat Sauce	E,W	garlic powder
			w/ Goldfish	D,W	
			Yogurt, Cheese, & Granola	D	oat
MAJOR ALLERGENS NOTED: D = Dairy, E= Eggs, F= Fish, S= Soy, S=Soy Oil, W= Wheat, Pork=P					
*Please be advised that this is general information and not intended to be used as medical advice. The information is accurate to the best of our knowledge based on the information provided by the manufacturer. Products may change at any time.					